

Bheri Rafting and Fishing Trip - 5 Days

Experience the Untamed Beauty of Bheri River in Western Nepal

The Bheri River in western Nepal is a hidden gem that combines the adrenaline of whitewater rafting with the peaceful joy of fishing. Far from the crowded trails of the [Everest Base Camp Trek](#) and the classic [Annapurna Circuit](#), this off-the-beaten-path journey introduces travelers to a different kind of Himalayan adventure — one filled with serenity, culture, and excitement.

A Scenic Journey Begins from Kathmandu to Samjhighat

Your adventure starts with a scenic domestic flight from Kathmandu to Nepalgunj, offering panoramic views of the southern plains of Nepal. From Nepalgunj, a drive leads you to the put-in point at Samjhighat, nestled in the hills of western Nepal. This region sees fewer tourists compared to popular trekking destinations like [Manaslu Circuit](#) or the [Langtang Valley](#), offering a truly immersive and peaceful experience.

Whitewater Rafting Adventure with Gentle Thrills

Once on the water, the Bheri River welcomes you with a range of rapids, from easy Class II waves to more thrilling Class IV runs. The river offers just the right balance — exciting but safe enough for families, beginners, and experienced rafters alike. It's an ideal choice for those who want a change of pace from the rugged [Upper Mustang Jeep Tours](#) or the challenging [Island Peak Climb](#).

Riverside Camps and Stunning Natural Backdrops

Every night, the journey ends at scenic campsites along the riverbank. Picture soft sands, forested surroundings, and peaceful starry skies — a striking contrast to the high-altitude settings of the Mardi Himal Trek or the popular Ghorepani Poon Hill Trail. These camps provide not only rest but also time for bonding, storytelling, and soaking in nature's silence.

A Fishing Paradise Along Nepal's Lesser-Known River

As you float downstream, you'll reach Jamu — a calm fishing hotspot where anglers often try their luck at catching the elusive [Golden Mahseer](#). These peaceful moments of fishing allow for deep relaxation and connection with nature, offering a meditative escape unlike the fast pace of treks like the [Everest Gokyo Lake Trek](#).

Cultural Encounters Along the Riverbanks

Along the route, you'll pass traditional [Tharu](#) and [Magar](#) settlements. Interacting with these local communities gives insight into the rural lifestyles of western Nepal — something less visible on crowded routes like the [Annapurna Base Camp Trek](#) or commercialized city tours. These encounters are authentic, heartfelt, and often unforgettable.

Wildlife, Birdwatching, and Natural Wonders

The Bheri River corridor is rich in biodiversity, making it a paradise for nature lovers. From tropical bird species to monkeys playing in the trees, the riverside offers constant surprises. It's a scenic, soulful experience that rivals even the biodiversity seen on treks like the [Ruby Valley Trek](#) or [Nar Phu Valley Trek](#).



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A Perfect End to a Soulful Journey

Your final rafting stretch brings you to Chisapani, where the adventure gently concludes. A scenic drive returns you to Nepalgunj, followed by a flight back to Kathmandu. Though the trip ends, the experience leaves a lasting impression — the sound of the river, the warmth of the campfires, and the calm joy of fishing in remote Nepal.





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PRICE INCLUDES

- Experienced Guide& Supporter.
- All meals (B/L/D)
- Accommodation (Tent).
- All national Park Permits
- Rafting permit.
- All necessary fees.
- Transportation
- All the necessary equipment for rafting like boats, life jackets, paddles, and other safety equipment.

PRICE EXCLUDES

- Alcoholic beverages during the whole trip
- International air ticket.
- Hotel accommodations and extra meals
- Airport pick up and drop off
- Tips for guides and staff sleeping bag



ITINERARY IN DETAIL

Day 1: Fly from Kathmandu to Nepalganj then drive to Samjhighat

Following our morning meal, our employee will pick you up and transport you to Kathmandu Airport for our domestic trip to Nepalgunj. From there, we will arrange a bus or a vehicle to Samjhighat, where we will spend the night.

Day 2: Rafting from Samjhighat to Kumalgaun

After our morning meal, we will meet with our guide and team, who will go over basic safety precautions and instructions. We are now ready to begin our tour and spend entire days rafting through the stunning scenery and hard rapids of the Bheri River. Paddle down to the lovely camping location at Kumalgaun and spend the night there.

Day 3: Rafting from Kumal Gaun to Jamu then fishing at Jamu.

We will resume our rafting excursion after our morning lunch and proceed downstream, experiencing new portions of the Bheri River. We will stop and rest once we get to our campground in Jamu. Jamu is also a popular fishing destination, so following our short lunch session, we will visit fishing sites famed for a variety of fish species and if you are interested then we will fish for a while.

Day 4: Rafting from Jamu to Chisapani

Today is the last day of our rafting trip. After breakfast, we will continue our rafting excursion downstream, admiring the natural beauty and fauna along the riverbanks. Our rafting trip will come to an end after we get to the campsite and rest for the day in Chisapani.

Day 5: Drive back to Nepalganj and fly back to Kathmandu

Finally, the day has arrived for our return to Kathmandu. So we'll book a bus or a vehicle back to Nepalganj Airport and fly back to Kathmandu, bringing this adventure to a close.

FAQ

1. What is the best time for Bheri River rafting and fishing in Nepal?

The ideal time for Bheri River rafting and fishing is from October to November and March to May. These months offer stable weather, pleasant temperatures, and optimal water flow for both rafting and fishing.

2. Do I need prior rafting or fishing experience for this trip?

No prior experience is required. This trip is suitable for both beginners and experienced adventurers. Our professional guides will provide safety briefings, instructions, and equipment for both rafting and fishing.

3. What kind of fish can be caught in the Bheri River?

The Bheri River is home to various fish species, including the Golden Mahseer, Catfish, and other freshwater species. Fishing is catch-and-release to help preserve the ecosystem.

4. How does this trip compare to other river adventures like the Tamur or Seti River Rafting?

Unlike the Tamur River Expedition, which includes steep rapids and trekking, or the Seti River, which is shorter and milder, Bheri offers a perfect blend of moderate whitewater excitement and relaxing fishing opportunities, making it unique and less commercialized.

5. What kind of accommodation is provided during the trip?

You will stay in riverside tented camps, with all basic amenities provided. These camps offer a peaceful atmosphere, perfect for unwinding after rafting. If you're seeking a similar nature-immersive experience, you might also enjoy our homestay treks in rural Nepal.

6. Is this trip suitable for families or older participants?

Yes, absolutely. Since the rapids range from Class II to IV, it's an exciting but relatively safe adventure for families with older children and for seniors in good health.

7. Can I combine this trip with other tours in Nepal?

Definitely! Many travelers combine this with our Pokhara Sightseeing Tour, Lumbini Buddhist Circuit, or Chitwan Jungle Safari. You can also extend your journey to explore the Rara Lake Trek or the Lower Dolpo Region.

8. Is there mobile network or internet during the trip?

While most of the journey is remote, some areas may have intermittent mobile signals. We recommend informing family or friends before departure and enjoying this rare opportunity to disconnect.

9. What should I pack for this rafting and fishing trip?

We'll provide a full checklist after booking. Essentials include light trekking clothes, swimsuit, sun protection, waterproof bags, and personal medication. We supply all rafting and fishing gear.

10. How do I book this trip with Trek Mania Nepal?

You can easily contact Trek Mania Nepal through our website. We'll assist you with a customized itinerary, permits, and travel arrangements from Kathmandu.