

Bhutan Tour - 5 Days

Bhutan is a mystical kingdom nestled in the Himalayas, known for its well-preserved cultural heritage, serene landscapes, and deep-rooted Buddhist traditions. This Bhutan tour takes you through the heart of the country, covering key destinations like Paro, Thimphu, Punakha, and Wangdue Phodrang. Along the journey, travelers will explore ancient monasteries, breathtaking mountain scenery, and experience Bhutan's unique way of life, which prioritizes Gross National Happiness over material wealth.

Discover the Capital City – Thimphu

The journey begins in Thimphu, Bhutan's capital, where tradition and modernity coexist harmoniously. Travelers can explore the Tashichho Dzong, the Memorial Chorten, and the massive Buddha Dordenma, a towering golden statue overlooking the valley. The lively markets and local handicraft shops offer an insight into Bhutanese culture.

The Tranquil Valleys of Punakha and Wangdue Phodrang

Punakha, the ancient capital, is home to the stunning Punakha Dzong, which sits at the confluence of the Pho Chhu and Mo Chhu rivers. This dzong is one of the most beautiful in Bhutan, particularly in spring when its surroundings bloom with jacaranda flowers. The journey through Dochula Pass (3,100m) offers panoramic views of the Himalayan peaks, making it one of the most scenic drives in Bhutan. Wangdue Phodrang, another significant town, is famous for its fortress and rural charm, providing an authentic Bhutanese countryside experience.

Explore the Enchanting Paro Valley

Paro is home to Paro Dzong, a magnificent fortress overlooking the town, and the [National Museum of Bhutan](#), which showcases the country's rich history and traditions. The town is surrounded by verdant valleys, serene rivers, and traditional farmhouses, offering a glimpse into Bhutan's pastoral life.

Hike to the Iconic Tiger's Nest Monastery

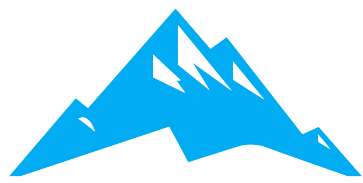
No trip to Bhutan is complete without a hike to the Tiger's Nest Monastery (Taktshang Goemba), one of the most sacred pilgrimage sites in [Bhutan](#). Perched dramatically on a cliffside at 3,120 meters, this monastery is where Guru Rinpoche is believed to have meditated. The trek is challenging but rewarding, offering spectacular views of the Paro Valley.

Best Time to Visit Bhutan

The best time to visit Bhutan is during spring (March to May) and autumn (September to November), when the weather is pleasant, and the landscape is at its most vibrant. These seasons are also ideal for attending the famous Paro Tsechu and Thimphu Tsechu festivals, where travelers can witness colorful masked dances and cultural celebrations.

Why Choose This Bhutan Tour?

This Bhutan tour is designed for travelers who seek a mix of cultural exploration, scenic beauty, and spiritual experiences. The itinerary covers Bhutan's must-visit sites, ensuring a well-rounded journey through this Himalayan



Trek Mania Nepal Pvt. Ltd.

Dhalko-17, Chhetrapati
Phone: +977-9851053470
E-Mail: trekmanianepal@gmail.com
www.trekmanianepal.com

kingdom. Travelers can also explore Nepal's wonders before or after the trip, making it a great addition to other Nepal tours like the [Everest Base Camp Trek](#) or [Annapurna Circuit Trek](#).

For travelers seeking an unforgettable journey into the last [Shangri-La](#), Bhutan offers a once-in-a-lifetime experience, filled with spirituality, adventure, and natural beauty.





Trek Mania Nepal Pvt. Ltd.

Dhalko-17, Chhetrapati
Phone: +977-9851053470
E-Mail: trekmanianepal@gmail.com
www.trekmanianepal.com

PRICE INCLUDES

- Foods during the Bhutan Tour.
- Transport with A/c car
- Kathmandu to Paro/ Kathmandu flight tickets
- Hotel 3 nights in Kathmandu
- Flight ticket (Kathmandu to Paro to Kathmandu)
- Accommodation during tour in Bhutan(4 star Hotel-4N)
- Guide (food, salary, and insurance)
- Kathmandu sightseeing.
- Permits Bhutan.
- Daily Government Royalties and Taxes (\$100 per person per night).
- Entrance Fees/Monuments Fee
- All transfer vehicles and sightseeing as per the itinerary.
- English-speaking accompanying guide.
- Accommodation as per the below 4 stars mentioned hotels.
- Breakfast and dinner at the hotel and lunch at the local tourist restaurant. A Bottle of water per day during the tour.
- Bhutan visa fee is US\$40.
- Farewell Dinner.

PRICE EXCLUDES

- Bar bills all kinds of drinks
- Personal expenses
- Tips for guide porter
- Foods in Kathmandu
- Temple entry fee in Kathmandu

ITINERARY IN DETAIL

Day 1: Arrive Paro, Paro - Thimphu (Distance: 54 km, estimated travel time: 1 hr)

In clear weather, [Druk Air's](#) flight to Bhutan provides a wonderful view of Himalayan scenery. Whether flying along the Himalayan range from Kathmandu or over the foothills from Kolkata, it is a breathtaking journey, culminating in an exciting descent past forested hills into the kingdom.

On arrival at Paro airport and after completing your Bhutan visa formalities, you will be met by a representative from Access Bhutan a local Bhutan tour operator. Then travel to Thimphu, the modern capital town of Bhutan.

On arrival at Thimphu check into your hotel and after refreshments or lunch visit the following:

Takin Preserve, which houses the national animal the Taken that is only found in Bhutan. This is an extremely rare member of the goat family. Found in herds in the very high altitudes (13,125ft and over). They live on a diet of grass and bamboo. It can weigh as much as 550 pounds.

Centenary Farmers' market (if your tour coincides with Thu-Sun) where farmers would be selling their wide range of farm produces (vegetables from farms and wild ferns or bamboo shoots collected from forest, flour, rice, roasted rice, rice flakes, spices, yams both cultivated and wild ones collected from forests, fruits, etc) and livestock products (mainly cheese and butter). Free interaction with people from town as well as from villages come to this weekend market. Weekend market is from Thursday-Sunday (4 days).

Tashichhoedzong, a fortress of the glorious religion. It was built in 1641 by Zhabdrung Ngawang Namgyel and was reconstructed into present structure by the late King, His majesty Jigme Dorji Wangchuck in the year 1962-1969. It houses the secretariat building, the throne room and the office of the king, and the central monk body.

Craft Bazaar -A one stop place to witness Bhutanese culture and buy Bhutan made art and craft product. The Bazaar in its 80 stalls covers all aspects of the traditional arts and crafts of Bhutan. At this Bazaar craftsmen and artisans from across the country display and sell their handicrafts. And also visit other handicraft stores.

In the evening you may visit local handicraft stores.

Overnight at the hotel in Thimphu.

Day 2: Thimphu - Punakha & Wangduephodrang

Distance: 71 km, estimated travel time: 2 1/2 hrs

After breakfast, travel to Punakha through Dochula Pass (3,088m/10,130ft). In the clear spring sky; enjoy the panoramic view of the Himalayan Mountain ranges. Then pass by the beautiful 108 chortens built on a hillock by Her Majesty Ashi Dorji Wangmo (Queen Mother of Bhutan) for the security and well being of His Majesty, the King of Bhutan. You may visit Druk Wangyal Lhakhang .The Druk Wangyal Lhakhang (temple) was built to honor His Majesty the fourth DrukGyalpo, Jigme Singye Wangchuck. The past and future appear to merge in the details of the lhakhang (temple) that tells the story of a supreme warrior figure whose vision pierces the distant future.

Take a light refreshment at Dochula Resort and then drive onto Wangdue and on the way visit the Divine Madman's Monastery-Chhimi Lhakhang, famously known for its fertility shrine, where one can receive a special fertility blessing.

After lunch visit the Punakha Dzong, located on the island of the Pho Chu (male river) and the Mo chu (female river). The dzong was built in 1637 by Zhabdrung Ngawang Namgyal to serve as the religious and administrative seat of the region. It was here that the dual system of government was introduced in the 17th century and in 1907, enthroned the first King Gongsar Ugyen Wangchuck. Damaged over the centuries by four catastrophic fires and an earthquake, the dzong has been fully restored in the recent years by the 4th King Jigme Singye Wangchuck. At the dzong you can see the highest standards in woodwork. Also visit the massive Kuenray, the Coronation Hall of all Bhutanese kings, the Dzongchung at the entrance to the dzong and the cantilever bridge over the Mochu that has been recently renovated.

Day 3: Punakha / Wangduephodrang -Paro

Distance: 125 km, estimated travel time: 3 1/2 hrs

After breakfast travel to Paro via Dochula pass and southern part of Thimphu. On arrival at Paro, check into your hotel in Paro and after lunch visit the following:

National Museum, housed in the Ta Dzong (watchtower). Here an intriguing collection of artifacts provide a wonderful introduction to the rich culture and heritage of the Kingdom.

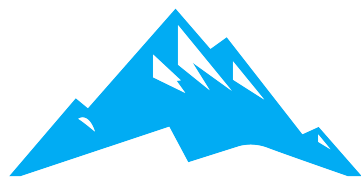
Paro Dzong, a fine example of Bhutanese historic architecture. It is also known as the Rinpung Dzong which means a "fortress that sits on a heap of jewels". This imposing dzong located above the Paro River is a fine example of Bhutanese architecture with its inward sloping walls that rise to an impressive height. The dzong was built in the 16th century on the foundation of a monastery built by [Guru Rinpoche](#) (who is regarded as the "second Buddha.") .From the dzong, walk further down to Nyamai Zampa, an oldest traditional cantilever bridge in Bhutan.

In the evening stroll through the Paro town and visit local handicraft stores.

Overnight at hotel in Paro.

Day 4: A Day Hike to Paro Taktsang Goempa (Tiger's Nest Monastery)

After breakfast, hike up to Taktsang Monastery, also known as 'Tiger's Nest'. The climb up to the viewpoint will take around 1 ½ hours and from there you will enjoy a spectacular view of the monastery clinging to the side of the cliff. Stop for refreshment at the View Point Cafeteria. Then walk further up to the monastery which will take about 1 hour. It is said that in the 8th century Guru Rinpoche flew on the back of a tigress from eastern Bhutan to this place and meditated in a cave here for 3 months. The principal Lhakhang (monastery) of the present monastic complex dates from 1692. Taktsang was damaged severely by fire in 1998 but has now been fully restored to its former beauty. After visiting the monastery, walk back down to the road on the way stop for lunch at the view point cafeteria and then walk further down to the road point. Then drive back to hotel. On the way visit Kichu temple, one of the 108 temples built in the 7th century by the Tibetan King Songster Campo. The story goes that a giant demon lay across the whole area of Tibet and the Himalayas and was preventing the spread of Buddhism. To overcome her, King Songster Campo decided to build 108 temples, which would be placed on all the points of her body. Of these 108 temples, 12 were



Trek Mania Nepal Pvt. Ltd.

Dhalko-17, Chhetrapati
Phone: +977-9851053470
E-Mail: trekmanianepal@gmail.com
www.trekmanianepal.com

built in accordance with precise plans. Thus, it happened that in about the year AD 638 the temple of Jokhang in Lhasa was built over the very heart of the demon.

In the evening relax and overnight at hotel in Paro.

Day 5: Departure from Paro to Kathmandu

Since our trip has come to an end, we will now take a flight from Paro to Kathmandu.



FAQ

1. What is the best time to visit Bhutan?

The best time to visit Bhutan is during the spring (March to May) and autumn (September to November) seasons. These months offer mild weather, clear skies, and are perfect for exploring Bhutan's scenic beauty and cultural landmarks.

2. Do I need a visa to visit Bhutan?

Yes, all visitors to Bhutan (except for nationals from India, Bangladesh, and the Maldives) require a visa to enter the country. The visa can be arranged through a licensed Bhutanese tour operator like Trek Mania Nepal.

3. How long is the Bhutan tour?

The standard Bhutan tour duration is typically 4 to 6 days, depending on the destinations and activities you choose. Our suggested Bhutan tour itinerary spans 5 days, covering Paro, Thimphu, Punakha, and the famous Taksang Goempa hike.

4. What is the Taksang Goempa hike?

The Taksang Goempa (also known as the "Tiger's Nest") is one of Bhutan's most iconic monasteries, perched on a cliff 3,120 meters above sea level. The hike is approximately 5 hours round trip, offering stunning views of the surrounding Paro Valley and a chance to explore Bhutan's spiritual heritage.

5. Are the roads in Bhutan suitable for traveling?

Yes, Bhutan's road network is well-maintained, though some roads can be narrow and winding due to the mountainous terrain. Traveling by car or tourist vehicle is the most common way to move between destinations.

6. Is Bhutan a safe country for tourists?

Yes, Bhutan is considered one of the safest countries for tourists. It has a low crime rate, and the local population is welcoming and friendly. However, like any other destination, it's essential to be cautious and respectful of the local culture.

7. What should I wear during my Bhutan trip?

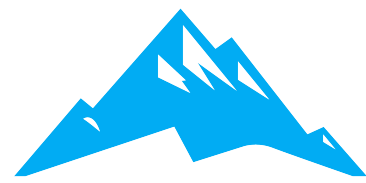
During your Bhutan tour, it is advised to wear light, breathable clothing for sightseeing in warmer weather, but also pack warm layers for cooler evenings, especially if you are visiting higher altitudes such as Taksang Goempa. Comfortable hiking shoes are recommended for the trek.

8. Do I need travel insurance for Bhutan?

Yes, it is recommended to have travel insurance that covers health emergencies, trip cancellations, and travel delays. Make sure your insurance covers activities such as hiking or trekking in remote areas of Bhutan.

9. Can I visit Bhutan on my own, or do I need a guide?

Tourists visiting Bhutan must book a tour through a licensed Bhutanese tour operator. You can, however, customize your itinerary to suit your preferences. All tours include a local guide to enhance your experience and ensure smooth



Trek Mania Nepal Pvt. Ltd.

Dhalko-17, Chhetrapati
Phone: +977-9851053470
E-Mail: trekmanianepal@gmail.com
www.trekmanianepal.com

logistics.

10. Is Bhutan a budget-friendly destination?

Bhutan has a minimum daily package system, which means there's a fixed price for travelers based on their travel season, accommodations, meals, and guide services. While it is not the cheapest destination, the cost provides excellent value for the cultural experience, stunning landscapes, and the services provided.

