

Dhaulagiri Circuit Trek - Short - 10 Days

Experience the Untouched Majesty of the Dhaulagiri Circuit Short Trek

If you're seeking a true Himalayan adventure—one that doesn't crowd your calendar but still fills your soul—then the Dhaulagiri Circuit Short Trek is your answer. Offered by Trek Mania Nepal, this extraordinary journey offers raw Himalayan beauty, dramatic mountain panoramas, and immersive cultural experiences, all wrapped into a shorter yet deeply rewarding trekking itinerary.

Why the Dhaulagiri Region is a Hidden Gem in Nepal

Tucked away in the [Annapurna region](#) of Nepal, the Dhaulagiri Massif rises to a staggering 8,167 meters, making it the seventh-highest mountain in the world. What makes this trek truly unique is its relatively untouched, off-the-beaten-path feel, perfect for those seeking a more peaceful and personal encounter with the mountains.

You'll find yourself walking beside the mighty Dhaulagiri, with views of Tukuiche Peak, Nilgiri Himal, and [Dhampus Peak](#), all forming an epic skyline. Along the way, the trail takes you through everything from dense rhododendron forests to windswept high-altitude deserts, revealing the diversity of [Nepal's geography](#) in just over a week.

If you're searching for a trek that's more raw, rugged, and less commercial than other trails, the Dhaulagiri Short Circuit Trek is it.

A Trail of Culture, Nature, and Solitude

Unlike more popular routes such as the [Annapurna Base Camp](#) or [Everest Base Camp](#), the Dhaulagiri trail feels like a world of its own. You'll pass through Magar and Gurung villages, where you're welcomed with open hearts and big smiles. There's something unforgettable about sipping tea in a stone house while snow-capped giants watch from a distance.

Along the way, trekkers may even spot elusive highland wildlife like blue sheep or, if you're lucky, the mysterious snow leopard. The journey also crosses the incredible French Pass (5,200 meters), which offers some of the most jaw-dropping 360° mountain views in Nepal.

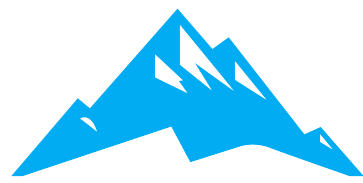
A Short but Epic Himalayan Trekking Experience

Starting from the foothill town of Beni, this trail climbs gradually through ever-changing scenery. The relatively short duration (10–12 days) makes it perfect for trekkers who want a challenging trek without the time investment of the full Dhaulagiri Circuit or other long expeditions.

You'll ascend above 5,000 meters, navigate glacial moraines, and camp under star-filled skies—without sacrificing too much time away from home. It's tough, yes—but achievable and unforgettable.

Why Book with Trek Mania Nepal?

With Trek Mania Nepal, your journey is about more than just walking. It's about understanding, respecting, and falling in love with the mountains and the people who live there. We're not just guides—we're locals who love our land and



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want to share it the right way.

Expect warm hospitality, expert local knowledge, and a passion for sustainable trekking. Whether it's our **customized itineraries**, commitment to eco-friendly tourism, or the use of reliable trekking gear, our priority is making sure your trek is safe, comfortable, and meaningful.

This is one of the best short treks in Nepal for anyone wanting high mountains, remote trails, and authentic encounters—all in one package.

Make It Happen - Dhaulagiri Circuit Trek

If you're dreaming of a trek that combines panoramic Himalayan views, intimate cultural moments, and the thrill of conquering high passes—without weeks on the trail—then the Dhaulagiri Circuit Short Trek is for you.

Book your next adventure with Trek Mania Nepal and walk where few have walked. The mountains are waiting. Are you ready?



PRICE INCLUDES

- Airport pickup and drop service.
- Hotel in Kathmandu for 2 night .
- All food and accommodation during the trek.
- Hot drinks a day three time tea or coffee.
- Transportation: Comfortable Drive from Kathmandu to Trekking Starting Point & Ending Point by Local Jeep and bus.
- Experienced Government licence holder English speaking trekking guide.
- Porter (1 Trekker) 3 porters, along with their salary, lodging, food, and insurance.
- Trekking permits: Dhaulagiri Conservation Area fees.
- First aid medical box.
- T-shirt, Duffel Bag and Trekking Map with company logo.
- Rescue Management Service.
- All Tax.
- Farewell Dinner

PRICE EXCLUDES

- Visa fee to enter Nepal.
- International flight tickets and extra baggage charges.
- Extra night accommodation and meal costs in Kathmandu due to any change in the scheduled itinerary.
- Travel insurance/ Rescue operation costs.
- All kinds of cold Drinks.
- All personal expenses (laundry, electronic device charging cost).
- All required trekking gear like sleeping bags and down jackets (available on rent).
- Domestic Flight and Private Transport.
- Tip for guides and porters.

ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu (1,400m)

Upon arrival at Tribhuvan International Airport in Kathmandu, you'll be warmly welcomed by our Trek Mania Nepal team and transferred to your hotel. Kathmandu, Nepal's capital, is a vibrant mix of ancient temples, bustling streets, and trekking gear shops. After checking in, you'll have time to explore the lively Thamel area, where you can shop for last-minute trekking essentials. In the evening, we'll organize a trek briefing session to go over the Dhaulagiri trek itinerary, gear requirements, and answer your questions. This cultural and logistical introduction sets the tone for your trekking adventure in Nepal.

Day 2: Drive from Kathmandu to Beni (850m) – 8 to 9 hours

We begin our journey with a long but scenic drive from Kathmandu to Beni, the starting point of the Dhaulagiri Short Trek. The route follows winding roads along the Trishuli and Marsyangdi rivers, passing through green hills, small towns, and terraced farmland. After reaching Pokhara, we continue west to Beni Bazaar, a small riverside town in the Myagdi district. Beni serves as the gateway to both Annapurna and Dhaulagiri trekking routes, and it's where our permit checks and local preparations begin. Overnight at a local lodge.

Day 3: Trek from Beni to Babiachor (950m) – 5 to 6 hours

Your trek officially starts today. Following the Myagdi Khola river upstream, the trail passes through beautiful rice paddies, suspension bridges, and local villages like Simalchaur and Tatopani. The path is mostly gentle, making for an enjoyable warm-up day. Babiachor is a peaceful riverside settlement with traditional homes and terraced fields, surrounded by green hills. The region is rich in Magar culture and offers your first real taste of rural Nepal. This section is part of Nepal's lesser-known trekking trails and is perfect for those seeking off-the-beaten-path experiences.

Day 4: Trek from Babiachor to Dharapani (1,400m) – 5 to 6 hours

Today's trail continues alongside the Myagdi Khola, leading through forested paths and occasional ridges that offer sweeping views of the Dhaulagiri foothills. You'll pass several small villages where locals farm rice, maize, and millet. As you approach Dharapani, the landscape begins to shift, and you'll start to see more traditional stone houses with slate roofs. Dharapani is a cultural gem, offering homestay experiences and a peek into Magar and Gurung lifestyles. It's a great place to engage with locals and learn about their traditions, making this day a highlight for cultural trekkers.

Day 5: Trek from Dharapani to Muri (1,850m) – 6 to 7 hours

From Dharapani, the trail ascends gradually through beautiful rhododendron forests and crosses multiple small bridges. One of the highlights is climbing the ridgeline that reveals the first major panoramic views of Mount Dhaulagiri, Manapati, and surrounding snow peaks. After passing the small settlements of Takum and Sibang, the trail becomes more rugged as you descend to a river before climbing steeply to Muri village. Muri is a stunning hillside village inhabited mostly by the Magar community. This area is known for its traditional lifestyle, warm hospitality, and dramatic mountain scenery.

Day 6: Trek from Muri to Boghara (2,080m) – 6 to 7 hours

The trail today is more remote and offers a wilder trekking experience. From Muri, you descend to a suspension bridge over the Muri Khola, then climb steadily through terraced fields and dense forests. You'll walk through jungle-like vegetation filled with chirping birds and maybe even spot langurs or Himalayan wildlife. The village of Boghara is small but authentic, providing a sense of isolation that is rare on other treks in Nepal. Here, you'll begin to feel the raw, untouched energy of the Dhaulagiri trekking region, making it a favorite among adventurous trekkers.

Day 7: Trek from Boghara to Doban (2,520m) – 5 to 6 hours

As we continue deeper into the Dhaulagiri conservation area, the landscape becomes more alpine, with fewer settlements and denser forests. The trail is narrow in places and may require careful footing, especially after rain. Waterfalls cascade down rocky cliffs, and the roar of the Myagdi Khola follows you throughout the day. Doban is a remote stopover point in the middle of the forest. This day is ideal for those who enjoy solitude and untouched natural beauty. Doban is also a strategic resting point before heading toward higher elevation.

Day 8: Trek from Doban to Italian Base Camp (3,660m) – 6 to 7 hours

This is the most exciting and challenging day of the trek. You'll ascend through thick alpine forests and over rocky terrain as you approach the Italian Base Camp, the base camp for climbers heading to Dhaulagiri I. The final push involves crossing landslide-prone zones and steep switchbacks. Upon reaching Italian Base Camp, you'll be rewarded with dramatic views of Mount Dhaulagiri, Tsaaurabong Peak, and glacial walls towering above. This high-altitude campsite is remote and breathtaking, offering an unforgettable Himalayan wilderness experience. Overnight in tents or a basic shelter.

Day 9: Acclimatization and Exploration at Italian Base Camp (3,660m)

Today is a well-deserved rest and acclimatization day. You can explore nearby ridges for better panoramic views or simply relax and take in the surreal landscape. Italian Base Camp lies beneath sheer ice cliffs and is surrounded by rugged beauty. This spot offers excellent photography opportunities, especially during sunrise and sunset when the snow-capped peaks glow golden. While not part of the full Dhaulagiri Circuit Trek, this short version still delivers dramatic high-altitude beauty without the need for technical climbing. Many trekkers say this day alone makes the journey worthwhile.

Day 10: Trek from Italian Base Camp to Choriban Khola (3,110m), then Return to Beni and Drive to Pokhara or Kathmandu

On your final day, you begin your descent from Italian Base Camp to Choriban Khola, retracing your steps through alpine forest and rocky terrain. After a quick break, you'll trek back toward Boghara or directly descend to Beni depending on your pace and available transportation. From Beni, we organize a private jeep or bus to Pokhara or Kathmandu, concluding your short Dhaulagiri trekking adventure.

FAQ

1. Is the Dhaulagiri Circuit Short Trek suitable for beginners?

While it's a shorter version of the full circuit, the trek is still considered moderate to challenging due to high altitude and remote terrain. It's best suited for physically fit trekkers with some prior hiking experience.

2. How long is the Dhaulagiri Short Trek and what's the highest point?

The trek usually takes 10–12 days, with the highest point being the French Pass at 5,200 meters. It offers an excellent alternative to longer treks like the Annapurna Circuit or Everest Base Camp Trek.

3. What is the best season to do the Dhaulagiri Circuit Trek?

The ideal time is during spring (March to May) and autumn (September to November) when the skies are clear, the weather is stable, and mountain views are at their best.

4. How difficult is the Dhaulagiri Circuit compared to other treks in Nepal?

This trek is more remote and physically demanding than treks like Langtang Valley or Ghorepani Poon Hill, but less intense than the full Dhaulagiri Circuit or Manaslu Circuit.

5. What kind of permits do I need for the Dhaulagiri Short Trek?

You'll need the Annapurna Conservation Area Permit (ACAP) and a TIMS card (Trekkers' Information Management System). Trek Mania Nepal arranges all necessary permits for you.

6. Are there teahouses or camping options on this trek?

The route combines basic teahouse accommodation in villages with some camping in high-altitude sections. Trek Mania Nepal provides all camping logistics and support staff.

7. Can I combine the Dhaulagiri Short Trek with other treks in Nepal?

Yes! Many trekkers combine this trek with Annapurna Base Camp, Upper Mustang, or a cultural Kathmandu Valley Tour for a richer Nepal experience.

8. How do I prepare for the altitude on the Dhaulagiri trek?

It's crucial to include acclimatization days, stay hydrated, and trek slowly. Trek Mania Nepal's itinerary is designed with safe altitude gain and expert guidance to minimize risk of Acute Mountain Sickness (AMS).

9. What should I pack for the Dhaulagiri Circuit Short Trek?

You'll need layered clothing, a warm sleeping bag, good hiking boots, and basic trekking gear. A full packing list is provided when you book with Trek Mania Nepal.

10. Why is the Dhaulagiri Circuit Short Trek less crowded?

Its remote location and challenging terrain keep it off the radar for many tourists, offering a more peaceful and authentic trekking experience than mainstream routes like Everest or Annapurna.