

Ghorepani Ghandruk Trek from Pokhara to Pokhara - 3 Days

The Ghorepani, Tadapani, and Ghandruk trek is a popular short trekking route in the Annapurna region, offering stunning views of the Annapurna and Dhaulagiri mountain ranges. Starting from Ghorepani, trekkers are greeted with panoramic vistas of snow-capped peaks and the chance to witness a spectacular sunrise from Poon Hill. The trek continues to Tadapani, where lush forests and pristine landscapes await. The route offers beautiful rhododendron forests, terraced fields, and the chance to interact with local Gurung and Magar communities. The final stop is Ghandruk, a picturesque Gurung village known for its traditional stone houses and breathtaking views of the Annapurna massif. This trek provides a perfect blend of natural beauty, cultural experiences, and relatively easy trekking, making it ideal for those seeking a short yet immersive Himalayan adventure.

Journey to Ghorepani Poon Hill from Pokhara, City of Lakes

The city of lakes, Pokhara itself is a gem of Nepal. The lake city boasts serene Phewa Lake, vibrant Nepali and western markets, and the majestic mountain views. Initiating the Ghorepani trek here eliminates the long journey from Kathmandu, allowing you to begin your adventure feeling refreshed. The relaxing and vibrant atmosphere of Pokhara also lets you ease into the trekking experience at your own pace.

Embarking on the Ghorepani Trek, green and lush hills scattered with charming [Gurung](#) villages will greet you. Breathe in the crisp mountain air while traversing lively rhododendron forests (during the spring months) and witness cascading waterfalls tumbling down the slopes. With every step you take, the snow-capped giants of the Annapurna range will rise majestically in the distance, their grandeur leaving you awestruck.

Witnessing the Sunrise at Poon Hill: Best Part of Ghorepani Trekking

One of the major highlights of the Ghorepani Poon Hill Trek is the breathtaking sunrise experience from Poon Hill (3,210m). To witness the sunrise, we shall hike to Poon Hill from Ghorepani early in the morning before dawn. We will embark on a short hike to the Poon Hill viewpoint wearing warm clothes and with a thermos of hot tea/coffee.

As the first rays of sunlight peek over the horizon, the golden rays of sunlight transform the world around us. The snow-capped peaks of the Annapurna range, including the iconic Mt. Machhapuchhre aka Fishtail and Dhaulagiri I, will come alive with a mesmerizing display of golden color. And it creates a panoramic vista that will leave the spectator breathless. Witnessing this otherworldly vista from Poon Hill is an experience that will be imprinted in your memories forever.

Ghorepani Trekking Options Tailored as per your Schedule

One of the beautiful aspects of Ghorepani Poon Hill Trek is its flexibility. Whether you're a seasoned trekker or a first-timer, there's an itinerary perfectly suited to your needs. Likewise, the Ghorepani Trek offers flexibility in starting and ending points along with the places to be included during our trek. For many years, trekking agencies in Nepal based in Kathmandu have been offering the Poon Hill Trek on a package basis starting and ending in [Kathmandu](#). However,

we have many different options for Poon Hill Trek from Pokhara, and the places in between as per the available time and interest to explore the places. Some of them are:

3-Day Ghorepani Poon Hill Trek from Pokhara: This classic option offers a perfect balance, allowing you to experience the highlights of Poon Hill Trek from Pokhara efficiently.

4-Day Ghorepani Poon Hill Trek from Pokhara: This option takes a more relaxed pace and delve deeper. This extended itinerary allows you to explore hidden villages, immerse yourself in the Gurung and Magar culture, or simply enjoy an extra day soaking in the breathtaking scenery.

5-Day Ghorepani Poon Hill Trek with Extensions from Pokhara: Combine the Ghorepani Poon Hill trek from Pokhara with nearby destinations like [Ghandruk](#) village, a traditional Gurung settlement, or the Australian Camp, located at a higher altitude for a more challenging experience.

Cultural Aspects during Ghorepani Trek from Pokhara

Ghorepani Trek from Pokhara is not just about sighting breathtaking landscapes and the mountains. The trek is also popular for the insights of cultural immersion along the trail. As you trek to Ghorepani from Pokhara, you'll come across the warm hospitality of the local Gurung and Magar people.

You can spend your evenings in cozy teahouses, enjoying local delicacies and learning about their unique way of life. These interactions will offer a deeper understanding of Nepal's rich cultural tapestry and create lasting memories. And if you plan the trek during [festival times](#), that is going to be added merit for Poon Hill Trek from Pokhara.

Planning Ghorepani Poon Hill Trek from Pokhara with Trek Mania Nepal

At Trek Mania Nepal, we are dedicated to making your Ghorepani Trek a seamless and unforgettable experience.

Experienced Guides: Our knowledgeable and passionate guides will ensure your safety and enjoyment throughout the trek. They'll share their local knowledge and insights into the region's history and culture, transforming your journey into an enriching learning experience.

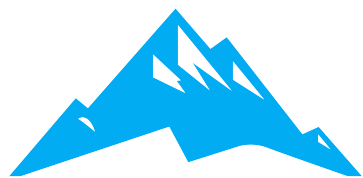
Comfortable Accommodation: Stay in cozy teahouses along the route. These family-run lodges offer basic but comfortable accommodation with stunning mountain views, allowing you to rest and recharge for the next day's adventure.

Delicious Meals: Savor delicious and nutritious meals prepared with fresh local ingredients. From hearty breakfasts to warming [dal bhat](#) (lentil soup and rice), you'll be well-fueled for your trek.

Transportation: We'll handle all transportation arrangements, including jeep rides from Pokhara to the starting point of the trek.

How to embark on your Poon Hill from Pokhara adventure?

Ghorepani Poon Hill Trek from Pokhara is perfect for anyone seeking an unforgettable experience in Nepal within very short duration of Nepal. With its moderate difficulty level and stunning scenery, it's a fantastic choice for trekkers



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of all levels. And with the shortened itinerary and program from Pokhara, the Poon Hill Trek is even more worthwhile.

[Contact us](#) today to book your Ghorepani Trek and start planning your dream adventure!





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PRICE INCLUDES

- Pickup from Hotel Pokhara and drop service.
- All food and accommodation during the trek.
- Transportation drive from Hotel to trek start and ends by jeep.
- Government license holder English-speaking trekking guide.
- Trekking permits: [Annapurna conservation](#) & TIMS.
- First aid medical box.
- T-shirt, Duffel Bag, and Trekking Map.
- Rescue Management Service.
- All Tax 13% VAT+10% Service charge).
- Farewell Dinner

PRICE EXCLUDES

- All kinds of Drinks.
- International flight tickets and extra baggage charges.
- Travel insurance/ Rescue operation costs.
- All personal expenses (laundry, electronic device. charging cost).
- All required trekking gear like sleeping bags and down jackets made available on rent.
- Tip for guide and porters.
- Hot and cold Shower.

ITINERARY IN DETAIL

Day 1: Pokhara to Banthati by Jeep, then Trek to Gorepani

Depart from Pokhara early in the morning by jeep, heading towards Banthati (approx. 2-3 hours).

Begin your trek to Gorepani (approx. 5-6 hours).

Overnight stay in Gorepani.

Day 2: Trek from Gorepani to Tadapani

Start early to hike up to Poon Hill for a breathtaking sunrise view (optional).

Continue your trek from Gorepani to Tadapani (approx. 5-6 hours).

Overnight stay in Tadapani.

Day 3: Trek from Tadapani to Ghandruk, then Jeep back to Pokhar.

Trek from Tadapani to Ghandruk (approx. 3-4 hours).

After exploring Ghandruk have lunch, take a jeep back to Pokhara (approx. 2-3 hours).

Arrive in Pokhara by the evening.

FAQ

1. Why is Poon Hill famous?

Poon Hill (3,210m) is one of Nepal's best sunrise viewpoints, offering a 360-degree panorama of the Annapurna and Dhaulagiri ranges, including Annapurna South, Machhapuchhre (Fishtail), and Hiunchuli.

2. How do I start the trek from Pokhara?

The trek begins with a drive from Pokhara to Nayapul, followed by a trek through Ulleri, Ghorepani, and Ghandruk, passing rhododendron forests and Gurung villages.

3. Are there teahouses or luxury lodges on this trek?

Yes, teahouses along the route provide basic yet comfortable accommodations with hot showers and local meals. Some villages, like Ghorepani and Ghandruk, also have upgraded lodges with better amenities.

4. Do I need a guide, or can I trek independently?

While many trek independently, hiring a guide enhances the experience, ensures safety, and helps with local navigation. Since April 2023, Nepal requires trekkers to have a licensed guide for safety reasons.

5. What is the best time to do this trek?

The best seasons are spring (March-May) for rhododendron blooms and autumn (September-November) for clear mountain views. Winter (December-February) is also good but can be cold at higher altitudes.