

Tamur River Rafting - 9 Days

TAMUR RIVER RAFTING: EASTERN NEPAL'S HIDDEN WHITE-WATER GEM

Rafting the Tamur River is an electrifying journey into eastern Nepal's pristine wilderness. Beginning near Taplejung and winding through deep jungles and rugged gorges, this multi-day rafting trip offers everything from Class III to IV+ rapids to quiet stretches perfect for floating and soaking in the Himalayan river rafting scenery. As part of our [Nepal rafting tours](#), Trek Mania Nepal brings you face-to-face with one of the country's most secluded and rewarding water adventures.

Pulse-Pounding Rapids and Pristine Valleys

The Tamur's rapids—powerful, unpredictable, and utterly thrilling—test your skills on every bend. You'll tackle technical drops, churning waves, and roaring currents that challenge even seasoned rafters. Between the thrills, the river reveals hidden beaches and clear-water pools, perfect for a quick dip or a riverside rest. For those who have mastered the [Bhote Koshi River rafting](#) or [Karnali River rafting](#), Tamur's rapids offer a fresh and equally intense challenge.

Epic Himalayan Backdrops

Every stroke down the Tamur is framed by towering peaks and unspoiled forests. The river corridor cuts through the foothills of Kanchenjunga, letting you glimpse snow-capped summits glinting in the sun. Verdant terraces cling to the hillsides, and distant waterfalls cascade into the emerald depths below. This is more than white-water rafting in Nepal—it's a front-row seat to some of the most breathtaking mountain vistas on the planet.

Cultural Encounters on Remote Riverbanks

Away from mainstream trekking routes, Tamur rafting brings you into contact with [ethnic Kirati communities](#), whose villages nestle along the river's edge. As you camp under starlit skies, you'll share meals of traditional Nepali cuisine, learn local legends, and witness age-old customs still practiced today. This blend of cultural [tours in Nepal](#) and wilderness adventure creates a deeply authentic travel experience.

Wildlife Wonders and Ecotourism

The Tamur River basin is a haven for birdwatchers and wildlife enthusiasts alike. Keep an eye out for rare Himalayan bird species, playful otters, and if you're lucky, a glimpse of the endangered [Gangetic dolphin](#) downstream. Our commitment to ecotourism Nepal ensures minimal impact on this fragile ecosystem while maximizing your chances to observe its inhabitants in their natural habitat.

Why Book Tamur Rafting with Trek Mania Nepal?

Choosing Trek Mania Nepal means opting for safety, expertise, and seamless logistics. Our all-inclusive rafting packages cover professional gear, experienced river guides, riverside camping equipment, and transport from Kathmandu or Biratnagar. Whether you're pairing this trip with [Trishuli River rafting](#) or adding a [Bardia National Park safari](#), our team will craft a tailored [adventure tour in Nepal](#) that fits your schedule and elevates your journey.



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Embrace the untamed spirit of eastern Nepal—book your Tamur River rafting expedition today and discover why this hidden gem is the ultimate choice for white-water enthusiasts and nature lovers alike.





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PRICE INCLUDES

- Experienced Guide& Supporter.
- All meals(B/L/D)
- Accommodation (Tent).
- All national Park permits
- Rafting permit.
- All necessary fees.
- Transportation
- All the necessary equipment for rafting like boats, life jackets, paddles, and other safety equipment.

PRICE EXCLUDES

- Alcoholic beverages during the whole trip
- International air ticket.
- Hotel accommodations and extra meals
- Airport pick up and drop off
- Tips for guides and staff sleeping bag



ITINERARY IN DETAIL

Day 1: Flight from Kathmandu to Biratnagar then drive to Hile Dhankuta

Your adventure begins with an early morning domestic flight to Biratnagar, skimming over the lush Terai plains that border India. From the airport, a scenic drive through rolling hills and terraced farms brings you to Hile Dhankuta, the gateway to your Eastern Nepal trekking and rafting expedition. In the evening, the camp at Hile offers warm hospitality, a chance to meet your Trek Mania Nepal guides, and a briefing on the days ahead.

Day 2: Trek from Dhankuta to Mangalbare

After a energizing breakfast, you'll set off on foot toward Mangalbare, winding through rhododendron forests and rural villages. This multi-day rafting tour begins with a taste of Nepali hillside trekking, as you pass small tea gardens and interact with friendly locals on well-trodden paths. In Mangalbare, settle into your rustic lodge and enjoy panoramic views of the distant Kanchenjunga range at sunset.

Day 3: Trek from Mangalbare to Gufa Pokhari

Today's trail climbs higher into the hills, leading you to the mystical Gufa Pokhari—a cave-surrounded mountain lake steeped in local legend. Along the way, you'll traverse bamboo groves, bird-rich forests, and the occasional waterfall. Camping beside the shimmering waters of Gufa Pokhari, you'll feel the perfect blend of cultural immersion in Nepal and untamed natural beauty.

Day 4: Trek from Gufa Pokhari to Dobhan

The path descends sharply toward the Tamur River's first tributaries. As you trek to Dobhan, the confluence of mountain streams signals the start of your white-water journey. Dobhan's riverside campsites come alive at dusk, with campfires, local Tharu rice whiskey, and stories of the river's most fearsome rapids.

Day 5: Rafting from Dobhan to Kabeli Dobhan

After a hearty breakfast, you'll don your gear and launch onto the Class III+ rapids of the Tamur. Navigating twists and drops, you'll pass under the iconic suspension bridge at Dobhan before reaching Kabeli Dobhan, where the Tamur meets the Kabeli River. Campsites here offer soft sand, clear water for swimming, and unrivaled views of the gorge walls.

Day 6: Rafting from Kabeli Dobhan to Kayaking River Bank

The river's intensity ramps up today as you tackle continuous Class IV rapids known locally as "Juicer" and "Flip & Strip." Between the heart-pounding stretches, calm eddies invite you to rest and admire the surrounding Himalayan rainforest. Your evening camp at the Kayaking River Bank provides a serene setting for stargazing and sharing tales of the day's thrills.

Day 7: Rafting from Kayaking River Bank to Dumer

Your paddles guide you through a series of challenging rapids, each offering a new surge of excitement. In calmer sections, you'll float past towering cliffs and dense bamboo groves that echo with bird calls. The riverside camp at

Dumer is a tranquil spot where the river widens, allowing for relaxed swims and easy conversations around the fire.

Day 8: Rafting from Dumer to Triveni Ghat

Today's journey brings you to Triveni Ghat, the sacred meeting point of three mountain rivers. The rapids here are powerful yet navigable, a fitting finale to your adventure travel in Nepal. As you approach camp, you'll glimpse terraced farms cascading down the valley sides, a reminder of the harmonious relationship between people and the river.

Day 9: Rafting from Triveni Ghat to Chatra then flight back to Kathmandu

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FAQ

1. What is the best time for Tamur River Rafting?

The ideal season is October to November and April to May, when the weather is stable, and the water level is perfect for rafting.

2. What is the difficulty level of Tamur River rafting?

Tamur River features Class III to Class IV+ rapids, making it suitable for intermediate to advanced rafters with some prior experience or a strong sense of adventure.

3. How long is the Tamur River rafting trip?

The full expedition, including trekking and rafting, takes 9 days. The rafting section lasts 5 days and covers over 120 km of white water.

4. Is previous rafting experience necessary?

Not strictly required, but having basic swimming skills and good fitness is recommended. Our professional guides will conduct thorough safety briefings and paddling practice.

5. What should I pack for the trip?

Pack quick-drying clothes, river sandals, sunscreen, personal toiletries, a water bottle, and warm layers for evening campfires. A detailed packing list will be provided upon booking.

6. Are meals and accommodation included?

Yes, all meals (breakfast, lunch, dinner) and camping or teahouse stays during the trip are included in the package.

7. Can I combine this trip with other treks or tours in Nepal?

Absolutely! This rafting journey can be combined with trekking in Kanchenjunga, a cultural tour of Kathmandu, or even wildlife safaris in Chitwan.

8. Is the Tamur River safe for rafting?

Yes, it's safe when guided by certified professionals. Trek Mania Nepal provides safety kayakers, first-aid support, and international-grade rafting gear on all trips.

9. What kind of wildlife might we see?

You may encounter langurs, wild boar, colorful Himalayan birds, and possibly otters along the riverbanks.

10. How do I book this rafting trip?

You can book directly via Trek Mania Nepal's official website, or contact us for custom group departures, private trips, or tailor-made extensions.