Trek Mania Nepal Pvt. Ltd.

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Luxury EBC Trek with Heli Return - 12 Days

The Luxury Everest Base Camp Trek with Heli Return is a perfect blend of adventure and comfort, designed for trekkers who want to experience Everest in style. This high-end trekking experience takes you deep into the heart of the Everest region, offering breathtaking landscapes, immersive Sherpa culture, and the thrill of reaching Everest Base Camp (5,364m). Unlike the standard trek, which requires a long descent back to Lukla, this luxury package includes a scenic helicopter flight from Gorak Shep to Lukla and then a return flight to Kathmandu, saving both time and effort while providing an unforgettable aerial perspective of the Himalayan giants.

For those seeking a more budget-friendly alternative, check out our Everest Base Camp Trek, which follows the classic itinerary without the heli return.

Trekking Through the Heart of the Khumbu Region

Walking through the Sherpa-dominated hamlets of the Khumbu region is the best way to immerse yourself in the tales and traditions of Mount Everest. The journey starts with a thrilling flight to Lukla, where the adventure begins. The trail winds through picturesque villages like Phakding, Namche Bazaar, and Tengboche, each offering its own charm and cultural significance. Namche Bazaar, the gateway to Everest, is a vibrant town with cozy bakeries, traditional teahouses, and stunning viewpoints. A visit to the Everest View Hotel allows trekkers to sip tea while gazing at the towering peaks of Everest, Lhotse, Nuptse, and Ama Dablam.

On the way to Everest Base Camp, trekkers pass through Tengboche Monastery, the largest monastery in the region, where they can witness monks performing rituals with the backdrop of the Himalayas. The journey continues past Dingboche and Lobuche, with ever-changing landscapes, from alpine meadows to glacial moraines, leading to the final destination—Everest Base Camp.

If you are interested in other Everest region treks, you might want to explore our Everest Gokyo Lakes Trek, which offers equally stunning views but with fewer crowds.

A High-Altitude Adventure for Experienced Trekkers

Unlike other treks, the Luxury Everest Base Camp Trek with Heli Return is best suited for experienced hikers who are already familiar with high altitudes. This itinerary does not include additional acclimatization days, making it a more demanding trek. Trekkers must be prepared for long walking hours at high elevations, where oxygen levels are lower, and the risk of altitude sickness is higher. It is essential to have prior trekking experience in the mountains before taking on this challenge.

For first-time trekkers, we recommend the Everest Panorama Trek, a shorter and easier alternative that still offers stunning views of Everest.

Luxury Lodges & Premium Services in the Himalayas

A key feature of this luxury trek is the high-end accommodations along the route. Unlike the traditional Everest Base Camp trek, which relies on basic teahouses, this itinerary includes stays at Yeti Mountain Home and Everest Summit

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Lodge, known for their heated rooms, hot showers, and fine dining experiences. These premium lodges offer a level of comfort that is unmatched in the Himalayas, making the trek both exhilarating and relaxing.

Additionally, trekkers will be accompanied by expert guides and porters, ensuring a seamless and stress-free experience. The all-inclusive package covers everything from domestic flights to gourmet meals, making it a hassle-free adventure.

Reaching Everest Base Camp & Kala Patthar – A Moment of Triumph

The highlight of the journey is reaching Everest Base Camp, where trekkers stand in the shadow of the world's tallest peak. The Khumbu Icefall and glacial formations create an awe-inspiring scene, making the days of trekking worth every step. For an even more breathtaking experience, a pre-dawn hike to Kala Patthar (5,545m) offers one of the best panoramic views of Everest and the surrounding peaks, as the golden sunrise paints the mountains in a spectacular glow.

Helicopter Return from Gorak Shep – The Ultimate Luxury Experience

Rather than retracing your steps for several days, the Luxury Everest Base Camp Trek concludes with a scenic helicopter flight from Gorakshep to Lukla, bypassing the strenuous descent. From Lukla, you will catch a flight back to Kathmandu. This aerial journey offers a bird's-eye view of Everest, Gokyo Lakes, and the entire Khumbu Glacier, making it one of the most exclusive ways to experience the Himalayas. Within minutes, you transition from the remote high-altitude wilderness back to the comforts of Kathmandu, where you can relax at a luxury hotel and reflect on your incredible adventure.

For those who want a completely helicopter-based experience, check out our Everest Base Camp Helicopter Tour, a perfect alternative for those with limited time.

Why Choose the Luxury Everest Base Camp Trek with Heli Return?

This trek is designed for those who seek the ultimate Everest experience with a focus on comfort, efficiency, and exclusivity. Whether it's the high-end lodges, expert-guided trekking, or the breathtaking helicopter flight, this premium Everest adventure offers the best of both worlds—adventure and luxury.

If you're looking for a once-in-a-lifetime Everest trekking experience, book the Luxury Everest Base Camp Trek with Helicopter Return today with Trek Mania Nepal and turn your Himalayan dreams into reality!

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PRICE INCLUDES

- Airport pickup and drop service.
- Hotel 3Night a 5-star hotel in Kathmandu.
- All food and accommodation(if possible private) during the trek.
- Transportation.
- Flight by heli Kathmandu to Lukla to Kathmandu.
- English-speaking trekking guide.
- Porter (1 porter for 2 trekkers with a max load of 17 to 20kg) along with their salary, lodging, food, and insurance.
- Trekking permits: Sagarmatha National Park entry fees.
- First aid medical box.
- All required trekking gears like sleeping bags and down jacket made available on rent.
- T-shirt, Duffel Bag and Trekking Map.
- Rescue Management Service.
- All Tax 13% VAT+10% Service charge).
- Farewell Dinners

PRICE EXCLUDES

- All kinds of Drinks.
- Visa fee to enter Nepal.
- International flight tickets and extra baggage charges.
- Extra night accommodation and meal costs in
- Kathmandu due to any change in the scheduled itinerary.
- Travel insurance/ Rescue operation costs.
- All personal expenses (laundry, electronic device. charging cost)
- Tip for guide and porters.
- Hot and cold Shower.

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ITINERARY IN DETAIL

Day 1: Airport pick-up and Hotel drop-off (5-star hotel).

You've arrived in Nepal at long last. Our crew will pick you up from the international airport by vehicle or jeep and guide you to a five-star hotel that has been pre-booked in advance of your arrival. Welcome to Nepal.

Day 2: Sightseeing at Kathmandu city

Thamel will be our first stop of the day. The crowded lanes of Thamel are lined up with an endless chain of artisan and souvenir dealers, making it Nepal's most active bazaar. Thamel offers all the added prettiness to captivate a guest, from the traditional Thangkas to the soothing singing bowl.

We will now travel to Kathmandu Durbar Square, also known as Basantapur Durbar Kshetra, our final stop for the day. Basantapur provides visitors with historic architecture, intricate carvings of heavenly figures, and lifestyle patterns that demonstrate the design's intricacy. There are also many similar structures in the pagoda style. While much of today's physical construction dates from the 16th century, the original building was erected in the 3rd century.h

We will now return to the hotel and recover after a busy day of touring.

Day 3: Patan, Bhakatapur Sightseeing

Patan and Bhaktapur are two historically significant cities in Nepal's Kathmandu Valley, both known for their rich cultural legacy, old architecture, and active customs. We will begin our day with a private vehicle or taxi ride to Patan Durbar Square. This UNESCO World Heritage Site is well-known for its exquisitely carved temples, courtyards, and medieval architecture.

We will begin at a beautiful temple devoted to Lord Krishna, popularly known as the Krishna Temple. This temple is a Newari architectural wonder, with elaborate carvings and great craftsmanship. Then we'll visit the Bhimsen Temple and the Golden Temple. The Bhimsen Temple is devoted to Bhimsen, a Hindu deity venerated as the god of trade and commerce.

The temple, built in the pagoda style, is notable for its distinctive architecture and beautiful wood carvings. Whereas The Golden Temple is a Buddhist monastery famous for its magnificent golden façade. Its name comes from the temple's elaborate workmanship, which includes gold-plated metal coatings. Inside, the temple has a lovely courtyard and a collection of Buddhist statues and relics.

From there, we will go to Bhaktapur Durbar Square, a UNESCO World Heritage Site and cultural treasure located in Bhaktapur, a historic city in Nepal's Kathmandu Valley. The square is a bustling center distinguished by its rich history, spectacular architecture, and religious significance. The area is surrounded by spectacular Newari architecture, including historic mansions, temples, and courtyards. Among the notable monuments are the 55-Window Palace, Nyatapola Temple, Vatsala Temple, Bhairavnath Temple, and the beautifully carved Peacock Window. You can also participate in other hobbies such as pottery or painting.

We will then return to your respective hotel, where you will rest for the day.

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Day 4: Kathmandu to Lukla by flight and trek to Phakding

Early in the morning, we will have our breakfast in the hotel and then, leave to the airport for the flight to Lukla. It is a scenic flight over the gorgeous valleys with views of the mountains and ridges accompanying all the way up to the Lukla. While at times, you may be frightened by the sharp-looking ridges below. But, it is okay to have that thought for an adventurous experience.

On arriving at the airport at Lukla, with the shortest runway, we will start-off our trekking towards Phakding. We will walk along the silent trail, fenced by the farm fields on both sides, and pass by several Mani walls. There are suspension bridges, connecting the two isolated hills, which we will walk through in the hope of encountering a fabulous viewpoint.

Consequently, the snowy peak of Kusum Kanguru could be witnessed at some point. Down the village of Ghat, we will finally make an appearance at the Phakding.

Day 5: Phakding to Namche Bazaar

This day is one of the challenging days of the whole Everest Base Camp Trek.

For the first few couple of hours, we will contour around the west side of the Dudhkoshi River and waver up and down along the frequent switchbacks on the trail. On the way, we will encounter a pleasant waterfall at the nice village of Toctoc. We will continue to walk, but just before arriving at the Bengkar, we will see another waterfall at Bengkar. You may as well try the apple pies of this region.

A brief ascent to Monjo will introduce us into the naturally exotic forest of Sagarmatha National Park. There are chances of witnessing the Blue Sheep, but only the luckiest few people have seen the red Panda here.

We will continue through the Jorsalle towards the Namche.

During the final ascent of the forest, there is a viewpoint overlooking the gorgeous views of the Everest. It can only be witnessed on a clear day. A beautiful Kani Gate and a chorten welcome us to the village of Namche

Day 6: Namche to Tengboche

From Namche, the trail leads off along the right-most trail through the memorial stupa of Tenzing Norgay Sherpa, the first person to summit the mountain Everest with the Sir Edmund Hillary. We will walk through the woods and extrude out into a viewpoint, offering sensational views of the Ama Dablam, Lhotse Shar, Taboche, Kangtega, and Thamserku.

We will continue our journey through the Phunke Tenga. Just before crossing a suspension bridge, there is a line of 7 water-driven prayer wheels, spinning with the pace of the river. One spin of the prayer wheel is similar to chanting the Buddhist Mantra of ‘Om Mane Padme Hum’. It is believed to be the good luck for the passerby.

Within a couple of minutes, we will introduce ourselves into the meadows of Saso Kharka and then, proceed to Tengboche. Don’t miss out the visit to the Tengboche Monastery, the largest monastery of the Khumbu region.

Day 7: Tengboche to Dingboche

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Early in the morning, we will attend the prayer ceremonies at the Tengboche Monastery and then, explore the interiors and exteriors of the monastery. The fine paintings of the Buddha and Guru Rinpoche, hung around the wall, are the masterpiece of traditional artistry of Khumbu region.

We will proceed to the Deboche where the views of the Ama Dablam, and other peaks gradually rise to spark a moment of happiness in your soul. Soon, the trail meets a bridge, crossing which keeps us to the west of the Imja Khola. The large black overhanging rocks, on the way, used to provide shelter for the porters and ponies in the past when there was no facility of lodges to stay. The trail continues through the Somare, parallel to the Imja Khola, until we arrive at the Dingboche, our next station.

Dingboche is a traditional village, typically with the stone houses, where the farm-fields and settlement area are surrounded by 4 feet (rough estimate) stone walls to protect them from the heavy winds. The people of this village greatly rely on yaks for living, and yak husbandry is their primary profession.

Day 8: Dingboche to Lobuche

The walk to Lobuche is mostly along the moraine. This route from Dingboche to Lobuche can be divided into two parts, in terms of their distinct trails.

In the first part of the journey, we will ascend over the moraine and walk along the ridge, sometimes through the pastures, until we make up to the nice village of Dughla. While on the ridge, we may witness few mountains on the north, but the haze will cover all the views, most of the time. When we arrive at the Dughla, our second part of the journey begins.

We will have already left the ridge, so we will proceed along the steep bluffs until making an appearance at the Lobuche. The second part is a bit of a tough climb. Once we are on the Lobuche, the reminiscing views of the Nuptse peak cannot be overlooked. It can be seen from the window of the lodge as well on a clear day.

Day 9: Lobuche to Gorak Shep, then hike to Everest Base Camp and back to Gorak Shep.

Certainly, this is the big day as we are about to enter into some of the exquisite viewpoints on earth. But, it is good to control your emotions and go slow on the trail. Otherwise, the altitude may ruin all the good aspects of coming so far to the base camp of the Everest.

Before the darkness is swept by the sunlight, we will proceed to the Gorakshep from Lobuche. It is because in the first few hours of the morning, the pacing icy winds from the glaciers will resist our pace, making our trek more challenging to do.

Once we reach the Gorakshep, we will proceed to the awesome view point of Kalapatthar. This place is so extraordinary that you will have to slap your own cheek to become aware of the reality. The 3600 panorama of the mountains, particularly the Mount Everest, appears sensational.

The glaciers and surrounding peaks of the Ama Dablam, Thamserku, and Kantega could be distinctly observed. But, the real animation is brought by the countless tiny anonymous buttresses, which have been guarding the soul of the mountains for ages.

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Later, we will descend to the Gorakshep for the overnight stay.

[Note: The sunset view from the Kalapatthar is more exquisite than the sunrise view. Therefore, instead of going to the Everest Base Camp (EBC) (as in the customary itinerary), we will go to Kalapatthar on this day.

Day 10: Hike to Kala Patthar, Back to Lobuche 2h. walk & Flight to Lukla. By Heli

The day's trip begins with a hike to the iconic Kala Patthar viewpoint. We will begin our walk early in the morning, following our breakfast. The route progressively ascends, first through rocky terrain and then steeper as it reaches Kala Patthar. Kala Patthar has amazing views of Mount Everest, nearby peaks, and the Khumbu Glacier.

After taking in these breathtaking vistas, we would normally descend down to Lobuche, a leisurely 2-hour hike covering a distance of around 2-3 kilometers. From Lobuche, the tour continues with an exciting helicopter flight to Lukla, giving a quick and comfortable way to return to the bustling town that acts as the entrance point for many trekkers in the Everest area.

Day 11: Lukla to Kathmandu, then enjoy the final shopping.

Our EBC expedition has come to an end, but it is now time to return to Kathmandu. At Lukla Airport, a helicopter will be waiting to fly us back to Tribhuvan International Airport.

You can see all of the spectacular mountain ranges that we hike across throughout your Heli ride. When we finally arrive back in Kathmandu, you can go shopping for souvenirs or other stuff to take back to your home country.

Finally, we'll arrive at our hotel and unwind before calling it a day.

Day 12: Departure

Our staff will meet you at your hotel and transport you to Tribhuvan International Airport, where you will be transferred to your next location.

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FAQ

1. What is included in the Luxury Everest Base Camp Trek with Heli Return package?

This luxury trek includes a stay at premium lodges, guided trekking, domestic flights, gourmet meals, and a scenic helicopter flight from Gorak Shep to Kathmandu.

2. How challenging is the Luxury Everest Base Camp Trek?

The trek is designed for experienced trekkers who are familiar with high altitudes. It is physically demanding, and you must be prepared for long walking hours and high elevations.

3. Do I need to be an experienced trekker to join this trek?

Yes, this trek is best suited for experienced trekkers who are familiar with the challenges of high-altitude trekking. If you're a first-time trekker, we recommend exploring alternative options like the Everest Panorama Trek.

4. How long is the Luxury Everest Base Camp Trek with Heli Return?

The trek lasts 12 days, including sightseeing in Kathmandu, trekking to Everest Base Camp, and a scenic helicopter flight back to Kathmandu.

5. What is the altitude of Everest Base Camp?

Everest Base Camp is located at an altitude of 5,364 meters (17,598 feet) above sea level.

6. Can I book the trek with just a helicopter ride to Everest Base Camp?

Yes, we also offer the Everest Base Camp Helicopter Tour for those looking for a shorter, helicopter-based adventure.

7. What kind of accommodations will I stay in during the trek?

You will stay in luxury lodges such as Yeti Mountain Home and Everest Summit Lodge, offering heated rooms, hot showers, and fine dining.

8. Is the helicopter return from Gorak Shep safe?

Yes, the helicopter ride is operated by experienced pilots and is considered a safe and scenic way to return to Kathmandu. It provides a unique perspective of the Himalayas.

9. What should I pack for the trek?

We recommend packing warm clothes, trekking boots, a good quality sleeping bag, and personal items such as sunscreen, a camera, and a water bottle. A detailed packing list will be provided upon booking.

10. How can I book the Luxury Everest Base Camp Trek with Heli Return?

You can book the trek directly on our website www.trekmanianepal.com, or by contacting our customer service team for more details and assistance.

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