

Ruby Valley Trek - 7 Days

The Ruby Valley Trek: A Unique Journey in the Ganesh Himal Region

The Ruby Valley Trek is a captivating journey nestled in the [Ganesh Himal region](#) of Nepal, offering trekkers a unique blend of natural beauty and rich cultural experiences. This recently opened trekking route is renowned for its stunning landscapes, featuring panoramic views of majestic peaks such as Ganesh Himal, Langtang, and Manaslu. The trek is named after the ruby gemstones found in the area, adding a touch of allure to this already enchanting destination. As you traverse through lush forests filled with rhododendrons, pines, and oaks, you will encounter traditional villages inhabited by the [Gurung](#) and [Tamang](#) communities, providing an authentic glimpse into their vibrant cultures. The trek typically spans seven days, beginning with a scenic drive from Kathmandu to Syabrubesi.

A Scenic Drive to Syabrubesi

This drive takes approximately 6-7 hours and offers breathtaking views along the winding roads. Upon reaching Syabrubesi, trekkers will embark on their first hike to Gatlang, a picturesque Tamang village located at 2,238 meters. This segment of the trek lasts about 5-6 hours and includes a stop for lunch at Chawatar, where trekkers can savor delicious local cuisine made from freshly harvested ingredients.

Trekking to Somdang via Parvati Kund

On the second day, the journey continues from Gatlang to Somdang via Parvati Kund, a sacred alpine lake that attracts numerous pilgrims during [Janai Purnima](#). This leg of the trek involves a 6-7 hour hike that ascends to 3,271 meters.

Crossing the Pangsang Pass

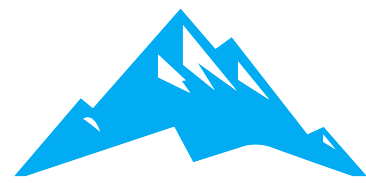
Trekkers will be rewarded with stunning views and the opportunity to experience the lake's serene beauty. The third day features crossing the Pangsang Pass at an elevation of 3,842 meters, where hikers can enjoy breathtaking vistas of the surrounding Himalayan ranges. The subsequent days involve trekking through charming villages such as Tipling and Chalis Gaun. The trail from Somdang to Tipling is particularly scenic, taking about 6-7 hours and allowing trekkers to immerse themselves in the local culture.

Final Stretch: From Chalis Gaun to Darkha Gaun

The final stretch leads from Chalis Gaun to Darkha Gaun before returning to Kathmandu via a drive from Darkha Gaun.

A Cultural and Scenic Adventure

Each day presents opportunities for cultural exchange and exploration of local traditions, including visits to Hindu temples and Buddhist monasteries. Ruby Valley Trek is considered an easy to moderate trek, making it accessible for both novice and experienced trekkers. Daily hiking durations range from 3 to 7 hours, allowing participants to enjoy the stunning scenery without excessive strain. The maximum altitude reached during the trek is 3,842 meters at Pangsang Pass, which is manageable for most trekkers with reasonable fitness levels. However, participants should prepare physically for the varying terrain and altitude changes.



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Why Choose the Ruby Valley Trek?

Ruby Valley Trek offers an unforgettable adventure filled with stunning landscapes, rich cultural experiences, and opportunities for personal growth. With its relatively low foot traffic compared to more popular [trekking routes in Nepal](#), it provides a serene environment for those seeking tranquility amid nature's grandeur. Whether you are looking for an introduction to trekking in the Himalayas or seeking a new adventure away from crowded trails, Ruby Valley promises an enriching experience that will leave lasting memories.





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PRICE INCLUDES

- Airport pickup and drop service
- Accommodation in Kathmandu [Hotel Chhimeki](#)
- All food during the trek (B, L, D)
- Accommodation during the trek
- Transportation costs: Comfortable drive from Kathmandu to trekking starting Point and trekking ending point by local Bus/jeep.
- Government license holder English-speaking trekking guide.
- Guide salary, lodging, food, and insurance.
- Trekking Permit.
- First aid medical box.
- T-shirt, Duffel Bag, and Trekking Map with company logo.
- Rescue Management Service.
- All Tax (13% VAT and 10% Service charge)
- Farewell Dinner

PRICE EXCLUDES

- All kinds of Drinks.
- Visa fee to enter Nepal
- International flight tickets.
- Extra night accommodation and meal costs in Kathmandu due to any change in the scheduled itinerary.
- Porter.
- All required trekking gear like sleeping bags and down jackets are made available on rent.
- Travel insurance/ Rescue operation costs.
- All personal expenses.
- Tip for guide and porters

ITINERARY IN DETAIL

Day 1: Drive from Kathmandu to Syabrubesi

Your adventure begins with an early morning drive from Kathmandu to Syabrubesi, a scenic journey that takes approximately 6-7 hours. As you travel, you'll pass through picturesque terraced fields, winding rivers, and rolling hills, offering a glimpse of Nepal's stunning rural landscapes. Syabrubesi, located at the edge of the Langtang region, serves as the perfect starting point for your trek. Upon arrival, you'll check into a local guesthouse for an overnight stay, preparing for the trekking days ahead.

Day 2: Trek from Syabrubesi to Gatlang

The first trekking day starts with a 5-6 hour hike from Syabrubesi to Gatlang. The trail gently ascends through lush forests, providing beautiful natural surroundings as you make your way uphill. You'll stop for lunch at Chawatar, where you can enjoy a taste of local cuisine before continuing your journey. Gatlang, a traditional Tamang village known for its stone houses, welcomes you with its rich culture and warm hospitality. Take some time to explore the village, interact with locals, and absorb the cultural beauty before settling in at a guesthouse for the night.

Day 3: Trek from Gatlang to Somdang via Parvati Kund

On the third day, you'll trek from Gatlang to Somdang, a journey of about 6-7 hours. The day begins with a hike to Parvati Kund, a sacred alpine lake known for its serene beauty. The trek offers stunning views of the surrounding mountains and pristine landscapes. After a peaceful stop at the lake, you'll continue towards Somdang, passing through diverse terrains. Somdang is a quiet village nestled in the mountains, offering a perfect place to unwind after a long day of trekking. Settle into a local guesthouse and enjoy the tranquility of this remote area.

Day 4: Cross Pangsang Pass and Trek to Tipling

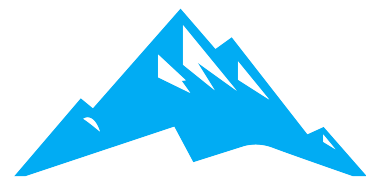
Today's highlight is crossing the Pangsang Pass, which reaches a maximum altitude of 3,842 meters. The day starts early, as you ascend to the pass, where breathtaking panoramic views of the Ganesh Himal and surrounding peaks await. After taking in the magnificent scenery, you'll descend through picturesque villages and terraced fields on your way to Tipling. This charming Gurung village is rich in culture, and you'll have time to explore and interact with the local community. Overnight accommodation will be at a guesthouse in the village.

Day 5: Trek from Tipling to Chalis Gaun

Your journey continues with a 5-6 hour trek from Tipling to Chalis Gaun. The trail winds through stunning landscapes, with traditional houses and villages dotting the route. Along the way, you'll have opportunities to experience local customs and see the vibrant culture of the region. Chalis Gaun is known for its welcoming hospitality and traditional lifestyle, offering trekkers a warm environment to rest. You'll spend the night at a guesthouse, enjoying the serene surroundings.

Day 6: Trek from Chalis Gaun to Darkha Gaun

On day six, you'll trek from Chalis Gaun to Darkha Gaun, another 5-6 hour journey through picturesque terrain. As you trek, the scenic beauty of the region continues to unfold, with views of the Ganesh Himal range and lush forests accompanying you along the way. Darkha Gaun is a peaceful village where you can connect with locals and learn



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more about their way of life. After a fulfilling day, settle into a guesthouse for the night and relax in this tranquil setting.

Day 7: Drive from Darkha Gaun back to Kathmandu

The final day of your adventure begins with a scenic drive from Darkha Gaun back to Kathmandu, a journey that takes around 6-7 hours. As you travel, reflect on the incredible landscapes, cultural experiences, and memories made during your trek. You'll arrive in Kathmandu by late afternoon or evening, concluding your Langtang region trek with a sense of accomplishment and satisfaction.



FAQ

1. What makes the Ruby Valley Trek unique?

The Ruby Valley Trek is an off-the-beaten-path trek in the Ganesh Himal region, offering authentic cultural experiences, stunning landscapes, and diverse ethnic villages, with fewer crowds than other treks in Nepal.

2. What kind of landscapes and views can I expect?

Trekkers can enjoy lush forests, terraced fields, high alpine meadows, and dramatic ridges, with breathtaking views of Ganesh Himal, Langtang Lirung, Manaslu, and even Annapurna on clear days.

3. What cultural experiences are unique to this trek?

The trek passes through Tamang, Gurung, and Ghale villages, where travelers can experience local homestays, ancient monasteries, and traditional Himalayan lifestyles.

4. Is the Ruby Valley Trek suitable for beginners?

Yes! This trek is moderately easy with gradual ascents and descents, making it ideal for beginners and trekkers looking for a cultural and scenic adventure without extreme altitude challenges.

5. How does the Ruby Valley Trek compare to other treks in Nepal?

Unlike the [Everest](#) or [Annapurna treks](#), the Ruby Valley Trek is less commercialized, offering a peaceful, off-the-grid experience with pristine nature and rich local traditions.