

Trishuli River Rafting - 3 Days

Introduction to Trishuli River Rafting

Trishuli River, located in the central part of Nepal, is one of the most popular destinations for [white water rafting in Nepal](#). Known for its thrilling rapids and scenic beauty, it offers an exciting adventure for both beginners and seasoned rafting enthusiasts. The river features rapids ranging from Class II to Class IV, making it a perfect spot for an unforgettable rafting experience in Nepal. Whether you are looking for a thrilling ride through wild waters or a peaceful float surrounded by stunning landscapes, Trishuli River is an ideal choice.

Why Choose Trishuli River for Rafting?

Trishuli River stands out as one of the best rivers for rafting in Nepal due to its accessibility, varied rapids, and breathtaking views of the Himalayan scenery. Situated just a few hours' drive from Kathmandu, it offers the perfect option for those seeking a short but thrilling rafting trip. Besides the excitement of navigating the rapids, you'll also be able to enjoy tranquil moments as you float past forests, terraced fields, and the occasional wildlife sighting such as monkeys and birds. For these reasons, Trishuli River is considered one of the top rafting destinations in Nepal.

The Best Time for Trishuli River Rafting

The best time for Trishuli River rafting is during the dry seasons, typically from September to December and March to May. During these months, the river offers optimal water levels for rafting—perfect for an adrenaline-pumping adventure. The weather is also pleasant, making it a great time for outdoor activities. Although Trishuli is open year-round, the river can be too low in the monsoon season (June to August), limiting the thrill of the rapids.

Rafting Highlights and Features

The Trishuli River is not just known for its rapids but also its stunning natural surroundings. As you raft, you will pass through lush forests, terraced fields, and rocky cliffs, offering breathtaking views of the Himalayan mountains. The rapids vary in intensity, from Class II (easy) to Class IV (challenging), catering to all skill levels. In addition to the thrilling rapids, you may also get the chance to spot wildlife like monkeys, birds, and even crocodiles along the riverbanks. For those looking to immerse themselves in nature, there are camping opportunities along the river, providing a unique experience amidst the wilderness.

Safety Measures in Trishuli River Rafting

At Trishuli River rafting, safety is our top priority. We provide high-quality safety gear, including inflatable rafts, PFD life jackets, and white water safety helmets. Our experienced rafting guides, who are also certified in rescue kayaking, ensure that all participants have a safe and enjoyable experience. We also offer expert safety kayakers for rescue, further ensuring that every rafting adventure is both fun and secure. Whether you are a first-timer or an experienced rafter, our team ensures that your journey on the Trishuli River is safe and unforgettable.

Trishuli River Rafting Packages & Pricing

Our Trishuli River rafting packages cater to various preferences, offering day trips or multi-day rafting experiences. Prices generally depend on the duration of the trip and the season. A typical day trip to Charaudi, approximately 80



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km from Kathmandu, is the most popular option, providing a mix of Class II to Class IV rapids. We offer customized packages that can include accommodation, meals, and transportation, all tailored to meet your needs.

How to Book Your Trishuli River Rafting Tour

Booking your Trishuli River rafting tour is simple. You can easily book your trip through our website or contact our team directly to discuss your preferred dates and rafting experience. We offer flexible booking options, and our team is available to answer any questions you might have about the trip, safety measures, or accommodation. Whether you are planning a short day trip or a multi-day rafting adventure, we ensure a smooth and enjoyable booking experience. [Book your Trishuli River rafting tour today!](#)





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PRICE INCLUDES

- All needed equipment like professional river crew, professional adventure series, professional adventure raft boat, kayak, jackets, helmets, paddles, and all major safety equipment.
- All meals included (B, L, D).
- Friendly and hospitality staff.
- All camping accessories within the resort and riverbank.
- Unlimited DJ Music and self-enjoyment.
- Transportation for pick-up and drop (tourist bus).

PRICE EXCLUDES

- Flight ticket
- Insurance
- Bar bill
- Private vehicle
- Other extra activities



ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu.

Our staff will be waiting for you at the International airport and drive you to your respective Hotel.

Day 2: Drive to Charaudi (80 km from Kathmandu), Back to Kathmandu.

We will start our journey early in the morning by catching a tourist bus to Charaudi. This trip lasts around 2-3 hours. It features breathtaking landscapes, including rolling hills, picturesque towns, the huge Trishuli River, and dense woodlands that make a stunning picture.

After arriving at Charaudi, we will have breakfast and then begin rafting after a briefing. We will now begin our voyage down the Trishuli River, navigating over thrilling rapids, admiring the picturesque splendor, and reveling in the excitement of rafting. We will have a lunch break in Jabang Khola (our last destination) before returning to Kathmandu by tourist bus.

Day 3: Departure

A vehicle will be waiting for you at your hotel to transport you to the international airport where you will depart for your country.

FAQ

1. What is Trishuli River Rafting?

Trishuli River rafting is an exciting white-water adventure through one of Nepal's most accessible rivers. The river features rapids ranging from Class II (easy) to Class IV (challenging), making it suitable for beginners as well as more experienced rafters. The rafting journey offers beautiful views of Himalayan scenery, forests, and the chance to spot wildlife along the riverbanks.

2. Is Trishuli River Rafting suitable for beginners?

Yes, Trishuli River rafting is perfect for beginners. The rapids on the Trishuli range from Class II to Class IV, which means there are sections that are gentle enough for novices, while also offering some thrills for more experienced rafters. Our expert guides ensure that all safety measures are in place to make your experience both safe and exciting.

3. When is the best time to go for Trishuli River Rafting?

The best time for Trishuli River rafting is from September to December and from March to May. During these months, the water levels are ideal for rafting, and the weather conditions are pleasant. The summer monsoon season (June to August) is generally not recommended as the river can become unpredictable due to high water levels.

4. How long does Trishuli River Rafting last?

A typical Trishuli River rafting trip lasts for one day. However, it is possible to arrange multi-day rafting trips. The one-day adventure starts with a drive from Kathmandu to Charaudi, located about 80 km from the city. The river section offers thrilling rapids for around 4-5 hours, followed by a return trip to Kathmandu.

5. What should I bring for Trishuli River Rafting?

For your Trishuli River rafting trip, you should bring comfortable clothing that can get wet, such as quick-drying shirts, shorts, and swimsuits. Don't forget sunscreen, a hat, and sunglasses. It's also a good idea to bring waterproof footwear or sandals. All rafting equipment, including safety gear like life jackets, helmets, and paddles, will be provided.

6. Is it safe to go rafting on Trishuli River?

Yes, rafting on the Trishuli River is safe. We prioritize safety by providing high-quality rafting equipment and employing experienced guides who are well-trained in rescue operations. Additionally, safety kayakers are stationed along the river to ensure assistance if necessary. As with any adventure activity, following the guide's instructions and wearing safety gear is crucial.

7. How can I book Trishuli River Rafting?

Booking your Trishuli River rafting tour is easy! You can make a reservation through our website or by contacting our customer service team directly. We will help you choose the best package, provide details on departure times, and assist you with any other questions you may have.

8. Can I camp during the Trishuli River Rafting trip?



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Yes, you can enjoy camping along the riverbanks as part of a multi-day rafting tour. Camping offers a great way to immerse yourself in nature while resting between rafting sessions. You'll have the chance to enjoy the serene environment, stargaze, and experience the local culture in a peaceful setting.

9. What wildlife can I expect to see on the Trishuli River?

While rafting on the Trishuli River, you may encounter a variety of wildlife, including monkeys, birds, and the occasional crocodile. The river is surrounded by lush greenery and forests, providing a natural habitat for numerous species. Keep your eyes peeled for wildlife as you navigate the river's rapids!

